



**THE HOLY EUCHARIST**  
*on the*  
**FOURTH SUNDAY AFTER TRINITY**

5 July 2020 at 10 a.m.

**Organ Prelude**

Voluntary - *Thomas Roseingrave (1691-1766)*

**Introit Hymn**

Come, thou Fount of every blessing,  
tune my heart to sing thy grace;  
streams of mercy, never ceasing,  
call for songs of loudest praise.  
Teach me some melodious sonnet,  
sung by flaming tongues above.  
Praise the mount I'm fixed upon it  
mount of God's redeeming love.

*Text.* Robert Robinson (1735-1790)  
*Music.* Anonymous  
*Tune.* Nettleton

**The Our Father**

**Collect for Purity**

*All.* Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

**Summary of the Law**

*Celebrant.* OUR Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

*All.* Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.

## Kyrie Eleison

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

## Gloria in excelsis

GLORY be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

## The Collect

*Celebrant.* The Lord be with you.  
*People.* **And with thy spirit.**

*Celebrant.* Let us pray.

O GOD, the protector of all that trust in thee, without whom nothing is strong, nothing is holy: Increase and multiply upon us thy mercy; that, thou being our ruler and guide, we may so pass through things temporal, that we finally lose not the things eternal. Grant this, O heavenly Father, for Jesus Christ's sake our Lord. **Amen.**

## The Proclamation of the Word

*A Reading from the Book of the Prophet Zechariah*

(9:9-10)

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the war-horse from Jerusalem; and the battle bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. *The Word of the Lord. Thanks be to God.*

*Psalms 145*

*Refrain:*



The Lord is kind and full of compassion,  
slow to anger and abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures. **R.**

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare you might, O God. **R.**

They shall make known to men your mighty deeds  
and the glorious splendour of your reign.  
Yours is an everlasting kingdom;  
your rule lasts from age to age. **R.**

*A Reading from the Letter of Paul to the Romans*

(8:9, 11-13)

Brothers and sisters: you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh— for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. *The Word of the Lord. Thanks be to God.*

## The Gospel Acclamation

*Alleluia, alleluia, alleluia!*  
***Alleluia, alleluia, alleluia!***

*Blessed are you, Father, Lord of heaven and earth;  
you have revealed to little ones the mysteries of the kingdom.*

***Alleluia, alleluia, alleluia!***

## The Gospel Reading

**Reader** The Lord be with you.

**People** **And with thy spirit.**

**Reader** A Reading from the Holy Gospel of our Lord Jesus Christ according to Matthew. (11:25-30)

**People** **Glory be to thee, O Lord.**

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

**Reader** The Gospel of Christ.

**People** **Praise be to thee, O Christ.**

## The Homily

## The Creed

I Believe in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

## The Prayers of the People

*At the end of each petition:* Lord, in your mercy;

*Response:* Hear our prayer.

## The Confession & Absolution

*Minister.* Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*All.* Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

*Celebrant.* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## The Comfortable Words

### The Offertory

#### Prayer over the Gifts

*Celebrant.* Blessed be thou, Lord God of Israel, for ever and ever.  
All that is in the heaven and in the earth is thine.

*All.* All things come of thee, and of thine own have we given thee.

## **Thanksgiving & Consecration**

*Celebrant.* The Lord be with you;  
*People.* **And with thy spirit.**  
*Celebrant.* Lift up your hearts;  
*People.* **We lift them up unto the Lord.**  
*Celebrant.* Let us give thanks unto our Lord God;  
*People.* **It is meet and right so to do.**

*The celebrant continues with the Preface.*

*All sing together the* Sanctus & Benedictus.

*All.* **Holy, Holy, Holy, Lord God of hosts,  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the Name of the Lord:  
Hosanna in the highest.**

*The priest continues with* The Consecration.

*At the end of the Consecration, all respond* **Amen.**

## **The Peace**

*Celebrant.* The peace of the Lord be always with you;  
*People.* **And with thy spirit.**

## **The Prayer of Humble Access *(together)***

WE do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

## **Agnus Dei**

O LAMB of God, that takest away the sin of the world,  
have mercy upon us.  
O Lamb of God, that takest away the sin of the world,  
have mercy upon us.  
O Lamb of God, that takest away the sin of the world,  
grant us thy peace.

## **THE COMMUNION**

*At the time of Communion, the celebrant will stand at the bottom of the chancel steps. Starting at the front, occupants of each pew will proceed to the front to receive Communion. The next pew does not come forward until the previous one has received and is seated again. Holy Communion will be distributed in one kind only – the host.*

*For those unable to receive Holy Communion at this time, please take a moment to pray the following prayer and make a 'spiritual communion.'*

*Thanks be to you, Lord Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day. Amen*

## **Prayer of Thanksgiving**

*Celebrant.* Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

*All.* And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

## **The Blessing**

*Celebrant.* The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

## **Dismissal Hymn**

I heard the voice of Jesus say,  
"Come unto me and rest;  
lay down, O weary one, lay down  
your head upon my breast."  
I came to Jesus as I was,  
weary and worn and sad;  
I found in him a resting place,  
and he has made me glad.

*Text.* Horatius Bonar (1808-1889)  
*Music.* Trad. English folk song, harm. R. Vaughan Williams  
*Tune.* Kingsfold

## **Organ Postlude**

The Kingsfold Trumpet - *Alfred V. Fedak* (1953-)

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